



# SOCIAL PRESCRIBING FOR CHILDREN & YOUNG PEOPLE IN



## CONTACT US

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For more information and to obtain a referral form call the main office on 01282 433740, visit [www.bprcvs.co.uk](http://www.bprcvs.co.uk) or check out our Facebook page @BPRCVSCYF



**THIS IS NOT AN EMERGENCY SERVICE.  
SOCIAL PRESCRIBERS WORK WITHIN  
NORMAL SCHOOL HOURS.**



**BURNLEY PENDLE  
& ROSSENDALE  
COUNCIL FOR VOLUNTARY SERVICE**  
Registered Charity Number: 1062446 Company Limited By Guarantee: 3326219



**Lancashire and  
South Cumbria  
Integrated Care Board**



## WHAT IS SOCIAL PRESCRIBING FOR CHILDREN & YOUNG PEOPLE?

Our team works with a diverse group of children and young people aged 8-18.

We provide a low-level, early intervention service supporting those within Level 1 and 2 on the L.C.C. Continuum of Need.

Social Prescribing improves health and wellbeing through accessing community-based activities and services instead of clinical/medical services.

## HOW WE SUPPORT CHILDREN & YOUNG PEOPLE

We listen to what's important.

We can be a voice for children and young people to be heard by professionals such as schools and any other agencies who may support them.

We find free or low cost local community activities in line with the child's/young person's interests.

If needed we can refer for further specialist support.

We will provide an activity action plan that can be accessed independently.

By the end we aim to have enabled the child/young person to have experienced new things, gained confidence and self-esteem, developed belief in themselves, and gained new skills.

## SEND

Referrals will be accepted for those on the ASD/ADHD pathway or if they have a diagnosis, however as we're not specialists in this area we would meet with parents to discuss available services.

## ACTIVITIES

The activities we organise are part of our service, however these are not always suitable for everyone.

Activities are developed in line with feedback directly from the children and young people we support.

Where possible we offer minibus transport to those accessing activities from designated pick up points.

## HOW THE SERVICE WORKS

We receive referrals from many different services and organisations, and self-referrals are also accepted.

Meetings are usually conducted in school settings with parents to find out more about the child's/young person's needs and what support may be beneficial. We then meet with the child/young person to see what support is required and a unique action plan is created.

Where required we will meet with the child/young person every 6-8 weeks (up to 16 weeks). Cases can be reopened if necessary.

## SAFEGUARDING & HEALTH & SAFETY

We have a duty to safeguard those we support and therefore will liaise with schools and other services where appropriate. Activities are accessed at the child's/young person's own risk. It is the parents' responsibility to keep us informed of any changes to contact information including emergency contacts. It is also their responsibility to inform of any changes to medical conditions, medication, allergies and dietary requirements.